Neutrinoless double beta decay in effective field theory

Wouter Dekens

with

T. Tong, M. Hoferichter, G. Zhou, K. Fuyuto, V. Cirigliano, J. de Vries, M.L. Graesser, E. Mereghetti, M. Piarulli, S. Pastore, U. van Kolck, A. Walker-Loud, R.B. Wiringa



Introduction



• Violates lepton number, $\Delta L=2$

Introduction



Introduction



Schechter, Valle, `82

Introduction



Introduction



Well-known Majorana mass mechanism



Introduction



Well-known Majorana mass mechanism



•

Heavy BSM mechanisms

- Many possible scenarios
 - Left-right model,
 - R-parity violating SUSY
 - Leptoquarks...

Introduction



Well-known Majorana mass mechanism



Implications for the mass hierarchy

Heavy BSM mechanisms

- Many possible scenarios
 - Left-right model,
 - R-parity violating SUSY
 - Leptoquarks...
- How to describe all LNV sources systematically?





$$\mathcal{L}_{eff} = \mathcal{L}_{SM} + \frac{c_i^{(5)}}{\Lambda} O_i^{(5)} + \frac{c_i^{(7)}}{\Lambda^3} O_i^{(7)} + \frac{c_i^{(9)}}{\Lambda^5} O_i^{(9)} + \dots$$

Dimension-five	Dimension-seven	Dimension-nine
	 12 ΔL=2 operators 	 Consider subset of operators
$\mathcal{L}_5 = \frac{c_5}{\Lambda} (L^T C \tilde{H}) (\tilde{H}^T L)$	$\begin{array}{c c} 1: \psi^2 H^4 + \text{h.c.} \\ \hline \mathcal{O}_{LH} & \epsilon_{ij} \epsilon_{mn} (L^i C L^m) H^j H^n (H^{\dagger} H) \\ \hline 3: \psi^2 H^3 D + \text{h.c.} \\ \hline \mathcal{O}_{LHDe} & \epsilon_{ij} \epsilon_{mn} (L^i C \gamma_\mu e) H^j H^m D^\mu H^n \\ \hline 5: \psi^4 D + \text{h.c.} \\ \hline \mathcal{O}_{LL\bar{d}uD} & \epsilon_{ij} (\bar{d}\gamma_\mu u) (L^i C D^\mu L^j) \\ \mathcal{O}_{L\bar{L}\bar{d}uD}^{(2)} & \epsilon_{ij} (\bar{d}\gamma_\mu u) (L^i C \sigma^{\mu\nu} D_\nu L^j) \\ \mathcal{O}_{LQdD}^{(1)} & (Q C \gamma_\mu d) (\bar{L} D^\mu d) \\ \mathcal{O}_{LQdD}^{(2)} & (\bar{L}\gamma_\mu Q) (d C D^\mu d) \\ \mathcal{O}_{dd\bar{e}D} & (\bar{e}\gamma_\mu d) (d C D^\mu d) \\ \hline \end{array}$	$\begin{split} \mathrm{LM1} &= i\sigma_{ab}^{(2)}(\overline{Q}_{a}\gamma^{\mu}Q_{c})(\overline{u}_{R}\gamma_{\mu}d_{R})(\overline{\ell}_{b}\ell_{c}^{C})\\ \mathrm{LM2} &= i\sigma_{ab}^{(2)}(\overline{Q}_{a}\gamma^{\mu}\lambda^{A}Q_{c})(\overline{u}_{R}\gamma_{\mu}\lambda^{A}d_{R})(\overline{\ell}_{b}\ell_{c}^{C})\\ \mathrm{LM3} &= (\overline{u}_{R}Q_{a})(\overline{u}_{R}Q_{b})(\overline{\ell}_{a}\ell_{b}^{C})\\ \mathrm{LM4} &= (\overline{u}_{R}\lambda^{A}Q_{a})(\overline{u}_{R}\lambda^{A}Q_{b})(\overline{\ell}_{a}\ell_{b}^{C})\\ \mathrm{LM5} &= i\sigma_{ab}^{(2)}i\sigma_{cd}^{(2)}(\overline{Q}_{a}d_{R})(\overline{Q}_{c}d_{R})(\overline{\ell}_{b}\ell_{d}^{C})\\ \mathrm{LM6} &= i\sigma_{ab}^{(2)}i\sigma_{cd}^{(2)}(\overline{Q}_{a}\lambda^{A}d_{R})(\overline{Q}_{c}\lambda^{A}d_{R})(\overline{\ell}_{b}\ell_{d}^{C})\\ \mathrm{LM7} &= (\overline{u}_{R}\gamma^{\mu}d_{R})(\overline{u}_{R}\gamma_{\mu}d_{R})(\overline{e}_{R}e_{R}^{C})\\ \mathrm{LM8} &= (\overline{u}_{R}\gamma^{\mu}d_{R})i\sigma_{ab}^{(2)}(\overline{Q}_{a}d_{R})(\overline{\ell}_{b}\gamma_{\mu}e_{R}^{C})\\ \mathrm{LM9} &= (\overline{u}_{R}\gamma^{\mu}\lambda^{A}d_{R})i\sigma_{ab}^{(2)}(\overline{Q}_{a}\lambda^{A}d_{R})(\overline{\ell}_{b}\gamma_{\mu}e_{R}^{C})\\ \mathrm{LM10} &= (\overline{u}_{R}\gamma^{\mu}\lambda^{A}d_{R})(\overline{u}_{R}Q_{a})(\overline{\ell}_{a}\gamma_{\mu}e_{R}^{C})\\ \mathrm{LM11} &= (\overline{u}_{R}\gamma^{\mu}\lambda^{A}d_{R})(\overline{u}_{R}\lambda^{A}Q_{a})(\overline{\ell}_{a}\gamma_{\mu}e_{R}^{C})\\ \mathrm{LM11} &= (\overline{u}_{R}\gamma^{\mu}\lambda^{A}d_{R})(\overline{u}_{R}\lambda^{A}Q_{a})(\overline{\ell}_{a}\gamma_{\mu}e_{R}^{C})\\ \mathrm{LM10} &= (\overline{u}_{R}\gamma^{\mu}\lambda^{A}d_{R})(\overline{u}_{R}\lambda^{A}Q_{a})(\overline{\ell}_{a}\gamma_{\mu}e_{R}^{C})\\ \mathrm{LM11} &= (\overline{u}_{R}\gamma^{\mu}\lambda^{A}d_{R})(\overline{u}_{R}\lambda^{A}Q_{a})(\overline{\ell}_{a}\gamma_{\mu}e_{R}^{C})\\ \mathrm{LM11} &= (\overline{u}_{R}\gamma^{\mu}\lambda^{A}d_{R})(\overline{u}_{R}\lambda^{A}Q_{a})(\overline{\ell}_{a}\gamma_{\mu}e_{R}^{C})\\ \mathrm{LM11} &= (\overline{u}_{R}\gamma^{\mu}\lambda^{A}d_{R})(\overline{u}_{R}\lambda^{A}Q_{a})(\overline{\ell}_{a}\gamma_{\mu}e_{R}^{C})\\ \mathrm{LM12} &= (\overline{u}_{R}\gamma^{\mu}\lambda^{A}d_{R})(\overline{u}_{R}\lambda^{A}Q_{a})(\overline{\ell}_{a}\gamma_{\mu}e_{R}^{C})\\ \mathrm{LM12} &= (\overline{u}_{R}\gamma^{\mu}\lambda^{A}d_{R})(\overline{u}_{R}\lambda^{A}Q_{a})(\overline{\ell}_{a}\gamma_{\mu}e_{R}^{C})\\ \mathrm{LM13} &= (\overline{u}_{R}\gamma^{\mu}\lambda^{A}d_{R})(\overline{u}_{R}\lambda^{A}Q_{a})(\overline{\ell}_{a}\gamma_{\mu}e_{R}^{C})\\ \mathrm{LM14} &= (\overline{u}_{R}\gamma^{\mu}\lambda^{A}d_{R})(\overline{u}_{R}\lambda^{A}Q_{a})(\overline{\ell}_{a}\gamma_{\mu}e_{R}^{C})\\ \mathrm{LM14} &= (\overline{u}_{R}\gamma^{\mu}\lambda^{A}d_{R})(\overline{u}_{R}\lambda^{A}Q_{a})(\overline{\ell}_{a}\gamma_{\mu}e_{R}^{C})\\ \mathrm{LM14} &= (\overline{u}_{R}\gamma^{\mu}\lambda^{A}d_{R})(\overline{u}_{R}\lambda^{A}Q_{a})(\overline{\ell}_{R}\gamma_{\mu}e_{R}^{C})\\ \mathrm{LM14} &= (\overline{u}_{R}\gamma^{\mu}\lambda^{A}d_{R})(\overline{u}_{R}\gamma^{A}Q_{a})(\overline{\ell}_{R}\gamma_{\mu}e_{R}^{C})\\ \mathrm{LM14} &= (\overline{u}_{R}\gamma^{\mu}\lambda^{A}d_{R})(\overline{u}_{R}\gamma^{A}Q_{a})(\overline{\ell}_{R}\gamma_{\mu}e_{R}^{C})\\ \mathrm{LM14} &= (\overline{u}_{R}\gamma^{\mu}\lambda^{A}d_{R})(\overline{u}_{R}\gamma^{A}Q_{R})(\overline{u}_{R}\gamma^{A}Q_{R$

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Naive scaling of Dimension 5, 7, 9 operators

$$\mathcal{A}_{0\nu\beta\beta} \sim \frac{c_5}{\Lambda} \left[1 + \left(\frac{v}{\Lambda}\right)^2 \frac{c_7}{c_5} + \left(\frac{v}{\Lambda}\right)^4 \frac{c_9}{c_5} \right]$$

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 Allows for relative enhancement:

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$$c_5 \ll O(1), \qquad \Lambda = \mathcal{O}(1 - 100) \text{TeV}$$

 $\sqrt{v/\Lambda} \ll$

• Relative enhancement of higher-dimensional terms due to $(c_{7,9}/c_5\gg 1)$



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- Happens, for example, in the left-right model
- However, if c₅ = O(1), Λ = 10¹⁵ GeV
 dimension-7, -9 irrelevant in this case





Running/matching at the weak scale



• Mismatch in dimensions due to insertions of the Higgs vacuum expectation value



Induced by dimension-5 SU(2)-invariant operator

$$m_{\beta\beta} \sim v^2 / \Lambda$$







 $\mathcal{L}_{\Delta L=2}^{(7)} = \frac{2G_F}{\sqrt{2}v} \left\{ C_{\mathrm{VL},ij}^{(7)} \,\bar{u}_L \gamma^{\mu} d_L \,\bar{e}_{L,i} \,C \,i \overleftrightarrow{\partial}_{\mu} \bar{\nu}_{L,j}^T + C_{\mathrm{VR},ij}^{(7)} \,\bar{u}_R \gamma^{\mu} d_R \,\bar{e}_{L,i} \,C \,i \overleftrightarrow{\partial}_{\mu} \bar{\nu}_{L,j}^T \right\} + \mathrm{h.c.}$





$$\mathcal{L}_{\Delta L=2}^{(9)} = \frac{1}{v^5} \sum_{i} \left[\left(C_{i\,\mathrm{R}}^{(9)} \,\bar{e}_R C \bar{e}_R^T + C_{i\,\mathrm{L}}^{(9)} \,\bar{e}_L C \bar{e}_L^T \right) O_i + C_i^{(9)} \bar{e}\gamma_\mu \gamma_5 C \bar{e}^T O_i^\mu \right],$$



• 3 can be induced by dimension-7 operators $C_i^{(9)} \sim v^3 / \Lambda^3$ • 19 can be induced by dimension-9 operators $C_i^{(9)} \sim v^5 / \Lambda^5$

Low-energy operators Summary



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Low-energy operators Summary







Matching to Chiral EFT



Warning: Based on NDA

Matching to Chiral EFT

Dimension-3



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Matching to Chiral EFT

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Matching to Chiral EFT

Dimension-3



- At LO in Weinberg counting, only need the nucleon one-body currents
- Needed low-energy constants are known from experiment / Lattice QCD

W. Dekens, Vienna, 13/04/21

Chiral EFT



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Chiral EFT



New Low-energy constants

Chiral EFT



Chiral EFT



Kaplan, Savage, Wise, '96; Beane, Bedaque, Savage, van Kolck, '03, Nogga, Timmermans, van Kolck, '05, Long, Yang, '12;

Dimension-3

Check that $\mathcal{A}(nn \rightarrow ppee)$ is finite

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Dimension-3



Dimension-3



Dress the $\Delta L=2$ potential with (renormalized) strong interactions:



Dimension-3



Dimension-3



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In MS-bar:

$$n \longrightarrow e^{p} = -\left(\frac{m_N}{4\pi}\right)^2 \left(1 + 2g_A^2\right) \frac{1}{2} \left(\log \frac{\mu^2}{-(|\mathbf{p}| + |\mathbf{p}'|)^2 + i0^+} + 1\right)$$

$$+\text{finite}$$
Regulator dependent

Numerical results



Need for a counter term

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• Finite part of g_{ν}^{NN} is currently unknown, hard to estimate its impact

- Could be determined from a lattice calculation of $\mathcal{A}(nn \to ppe^-e^-)$
 - Area of active research Davoudi and Kadam, '20; Feng et al, '20
- Estimate from relation to EM (back-up slides)
 - ~10-30% contribution in $\mathcal{A}(nn \to ppe^-e^-)$
 - ~60% in light nuclei, ${}^{12}\text{Be} \rightarrow {}^{12}\text{C}e^-e^-$

Determination of the counterterm

Analogy to the Cottingham approach for pion/nucleon mass differences

$$\mathcal{A}_{\nu} \propto \int \frac{d^4k}{(2\pi)^4} \frac{g_{\mu\nu}}{k^2 + i\epsilon} \int d^4x \, e^{ik \cdot x} \langle pp | T\{j_{\rm w}^{\mu}(x)j_{\rm w}^{\nu}(0)\} | nn \rangle$$

- Compute the $0\nu\beta\beta$ amplitude by constraining the correlator

Cirigliano et al, '20, '21

W. Cottingham '63; H. Harari, '66

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- . $k \ll \Lambda_{\chi}$ region determined by $\chi {\rm PT}$
- $k \gg \text{GeV}$ region determined by OPE
- Model intermediate region using:
 - Form factors
 - Off-shell effects from NN intermediate states

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- Gives $\tilde{g}_{\nu}^{NN}(\mu=m_{\pi})=1.3(6)$ in $\overline{\mathrm{MS}}$

Estimated 30% uncertainty

- Consistent with large-Nc Richardson et al, '21
- Validated with isospin-breaking contact terms, $j^{\mu}_W \rightarrow j^{\mu}_{\rm EM}$ (see backup)
- A_{ν} can then be used to fit \tilde{g}_{ν}^{NN} in *ab-initio* many-body calculations

W. Cottingham '63; H. Harari, '66

Cirigliano et al, '20, '21

Checking the Weinberg counting

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- In the Majorana-mass case, the LNV potential leads to a divergence
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- · Can perform the same checks for the higher-dimensional terms
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- Need to include contact interactions at LO in these cases
 - Often disagrees with the Weinberg / NDA counting

Chiral EFT

Beyond NDA / Weinberg







$$\Gamma^{0\nu}(0^+ \to 0^+) \sim \left| \langle 0^+ | \sum_{\text{nucleons}} \int \frac{d^3 \boldsymbol{q}}{(2\pi)^3} e^{i\boldsymbol{q}\cdot\boldsymbol{r}} V(\boldsymbol{q}^2) \left| 0^+ \right\rangle \right|^2 = \sum_{i,j} G_{i,j} M_i M_j g_i g_j C_i C_j^*$$

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- Combinations of Wilson coefficients
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- Low-energy constants
 - Several unknown

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- Combinations of Wilson coefficients
 - Perturbative, determined by BSM physics
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Nuclear matrix elements

	 All NMEs can be obtained from those of light/heavy neutrino exchange
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 E.g. all O(1) and

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NMEs	⁷⁶ Ge							
	[74]	[31]	[81]	[82, 83]				
M_F	-1.74	-0.67	-0.59	-0.68				
M_{GT}^{AA}	5.48	3.50	3.15	5.06				1
M_{GT}^{AP}	-2.02	-0.25	-0.94	NMEs		7	⁶ Ge	
M_{GT}^{PP}	0.66	0.33	0.30	$M_{F, sd}$	-3.46	-1. <mark>5</mark> 5	-1.46	-1.1
M_{GT}^{MM}	0.51	0.25	0.22	$M^{AA}_{GT,sd}$	11.1	4.03	4.87	3.62
M_T^{AA}	-	_	-	$M^{AP}_{GT,sd}$	-5.35	-2.37	-2.26	-1.37
M_T^{AP}	-0.35	0.01	-0.01	$M^{PP}_{GT,sd}$	1.99	0.85	0.82	0.42
M_T^{PP}	0.10	0.00	0.00	$M^{AP}_{T,sd}$	-0.85	0.01	-0.05	-0.97
M_T^{MM}	-0.04	0.00	0.00	$M^{PP}_{T,sd}$	0.32	0.00	0.02	0.38

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- The NMEs differ by a factor 2-3 between methods
 - For Majorana-mass term & other LNV sources

Barea et al. '15; Hyvarinen et al, '15; Horoi et al. '17, Menendez et al, '18

W. Dekens, Vienna, 13/04/21

Phenomenology







Two-coupling analysis



Light (almost) sterile neutrinos

Based on arXiv:2002.07182

G. Zhou, K. Fuyuto, J. de Vries, E. Mereghetti, WD
- Could play a role in leptogenesis
- Provides a dark matter candidate
- Canetti et al. '13 Boyarski et al. '19
- Appear in Left-Right models / Leptoquark scenarios / Grand Unified Theories
- Have been suggested as a solution to neutrino oscillation experiments Böser et al. '19

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• Add sterile effects by including:

$$\mathcal{L}_{\nu_R} = i\bar{\nu}_R \partial\!\!\!/ \nu_R - \frac{1}{2}\bar{\nu}_R^c M_R \nu_R - \bar{L}\tilde{H}Y_D \nu_R + \mathcal{L}_{\nu_R}^{(6)} + \mathcal{L}_{\nu_R}^{(7)}$$

see also Blennow et al, '10; Barea et al, '15; Giunti et al, '15; Bolton et al, '19;

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 Majorana mass (L violating)

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- EFT now includes ν_R as explicit degrees of freedom
- LECs and NMEs now depend on m_{ν_R}
- When/if ν_R can be integrated out depends on m_{ν_R}

Complication: m_{ν_R} dependence







Complication: m_{ν_R} dependence





 $A \propto m_{\nu_R}$



$$A \propto m_{\nu_R}^{-1}$$

Complication: m_{ν_R} dependence





- Neither EFT works well here
 - Missing operators ~ Λ_{χ}/m_{ν_R} Loop corrections ~ m_{ν_R}/Λ_{χ}







Complication: m_{ν_R} dependence





Toymodel

• SM + a sterile neutrino + a leptoquark

$$\mathcal{L}_{\mathrm{LQ}} = -y_{ab}^{RL} \bar{d}_{Ra} \tilde{R}^i \epsilon^{ij} L_{Lb}^j + y_{ab}^{\overline{LR}} \bar{Q}_{La}^i \tilde{R}^i \nu_{Rb} + \mathrm{h.c.} \,,$$

Cannot reproduce neutrino masses/mixings



Toymodel



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Cannot reproduce neutrino masses/mixings



 m_{v_R} [GeV]

T⁰/_{1/2} (¹³⁶ Xe) [yr]

O(100%) uncertainties not shown

Toymodel



Complementarity with other probes

- The dimension-six ν_R operators also induce:
 - Neutron & nuclear β decays
 - LHC signatures, $pp \rightarrow e\nu$
- What can $0\nu\beta\beta$ say if these probes find a signal?



Complementarity with other probes



Summary

- EFTs allow one to systematically describe $\Delta L=2$ sources
 - Standard mechanism (dim-5)
 - Dimension-7 & -9 sources
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 - Effect of 'new' LECs up to ~60% in light nuclei
- $0\nu\beta\beta$ can probe
 - O(1-10) TeV scales for dim-9
 - O(100) TeV scales for dim-7
 - O(10) TeV scales for ν_R interactions
- Order 1 LECs + NMEs uncertainties





